



**INTERNATIONAL CONFERENCE  
„End of life care for nursing home  
residents”  
31.03-01.04.2017, Kraków**

The conference is devoted to end-of-life care for older people in long term care facilities.

The expected number of participants: ca. 160 – 100 from LTCFs, which collaborated with us in the PACE project , 60 - some expected from outside the project

Target audience: doctors, nurses, care assistants and NH directors/managers

Organisator: The Chair of Epidemiology and Preventive Medicine and The Chair of Internal diseases and Gerontology at Medical Faculty, Jagiellonian University Medical College, Krakow, Poland

Venue: Jagiellonian University Medical College building, Nowodworska Hall, Kraków, str. Św. Anny 12

The first day will be in English/Polish translated simultaneously. The second day – in Polish.

**1ST DAY – 31<sup>ST</sup> MARCH 2017**

**PRESENTATION OF THE RESULTS OF PACE PROJECT TITLED ‘COMPARING THE EFFECTIVENESS OF PALLIATIVE CARE FOR ELDERLY PEOPLE IN LONG-TERM CARE FACILITIES IN EUROPE’ (7THFP)**

- 9:00-9:15 Ceremonial opening of the conference  
(Prof. Tomasz Grodzicki, MD, PhD – Dean of Medical Faculty of Jagiellonian University Medical College)
- 9.15-9.30 Main objectives of the PACE project  
(Assoc. Prof. Katarzyna Szczerbińska)
- 9.30-10.00 Quality of life of an elderly person at the end of life  
(Prof. Beata Tobiasz-Adamczyk – Chair of Epidemiology and Preventive Medicine Chair in Jagiellonian University Medical College)
- 10.00-10.30 The role of palliative care in long-term care facilities (The White Paper on palliative care)  
(Prof. Sheila Payne – President of the European Association for Palliative Care and Director of the International Observatory on End of Life Care)

## SESSION 1 - Quality of care for patients dying in long-term care facilities – international context (in English)

11.00-11.30 Quality of life of patients dying in long-term care facilities in 6 countries in Europe. Results of the PACE study 1 – international context

(Prof. Lieve van den Block)

11.30-12.00 Quality of care for patients with end-stage dementia

(Prof. Harriet Finne-Soveri)

12.00-12.30 Genesis and objectives of the educational programme: „Steps to Success”

(Dr Jo Hockley)

12.30-13.00 Efficiency of the educational programme „Steps to Success” in terms of improvement of quality of care for patients at the end of life. Results of the PACE study 2 – international context

(Prof. Katherine Frogatt)

## SESSION 2 - Quality of care for patients dying in care homes and nursing-care facilities in Poland

14.00-14.20 Effects of implementation of the educational model for the personnel of care homes in terms of care for dying patients in Poland. Results of PACE study 2.

(Ilona Barańska, MPH, PhD student)

14.20-14.40 Care for dying patients as an organizational and educational challenge in care facilities – in the eyes of facilities’ directors – discussion panel

(Directors of NHs, Municipal Centre of Social Welfare, Regional Centre of Social Welfare)

14.40-15.00 Discussion panel – Challenges and benefits associated with implementation of the programme „Steps to Success” in Poland – opinion of the trainers and coordinators of the programme in care facilities.

(Justyna Koniczuk-Kleja, MSc, Marta Kubik, RN, Elżbieta Wesolek, MSc)

## 15.30-18.30 WORKSHOPS FOR PARTICIPANTS

The programme „Steps to Success” – 6 steps of implementation of care for dying patients in long-term care facilities. Workshops – parallelly for 3 groups of 20-30 people performed by PACE trainers.

(Justyna Koniczuk-Kleja, MSc, Marta Kubik, RN, Elżbieta Wesolek, MSc)

## 2ND DAY – 1ST APRIL 2017

### CARE FOR DYING RESIDENT IN CARE FACILITY "CHOOSING WISELY"

#### SESSION 1 - Recommendations regarding treatment of patients with somatic diseases in long-term care

- 8:00-8:30 Some of the aspects of controlling infections in long-term care  
(Assoc. Prof. Jadwiga Wójkowska-Mach)
- 8.30-9.00 How to avoid persistent therapy in patients in long-term care facilities  
(Assoc. Prof. Małgorzata Krajnik)
- 9.00-9.30 Primum non nocere - nocere – rules of pharmacotherapy regarding patients in nursing and care homes  
(Assoc. Prof. Barbara Gryglewska)
- 9.30-10.00 Procedures in urination disorders  
(Prof. Jerzy Gąsowski)

#### SESSION 2 - Some of the aspects of palliative care for patients in long-term care

- 10.30-10.50 Quality of palliative care in long-term care in Poland. Results of the PACE study 1.  
(Assoc. Prof. Katarzyna Szczerbińska)
- 10.50-11.10 Knowledge and attitudes of the personnel regarding care for dying patients in long-term care facilities in Poland. Results of the PACE study 2.  
(Violetta Kijowska , MPH, PhD student)
- 11.10-11.40 Specific challenges for palliative care in patients with advanced heart failure in long-term care  
(Dr Piotr Sobański, MD, PhD)
- 11.40-12.00 When the need for sedation appears in patients of long term care facilities  
(Dr Iwona Filipczak-Bryniarska)

#### SESSION 3 – End-of-life care

- 13.00-13.30 Problems in patients at the end of life - pain and depression  
(Dr Iwona Filipczak-Bryniarska, MD, PhD)
- 13.30-14.00 Hydration and nutrition of patients at the end of life  
(Dr Teresa Weber, MD, PhD)
- 14.00-14.30 The last 48 hours of life – symptoms of dying  
(Dr Agata Adamkiewicz-Piejko, MD, PhD)
- 14.30-15.00 Coping with bereavement / grief  
(Justyna Koniczuk-Kleja, MSc)
- 15.00-15.15 **DISCUSSION AND CLOSING THE CONFERENCE**